# **Level 3 Delivering Physical Skills Training** (ICM L323)

This qualification is required by the Security Industry Authority (SIA) for anyone wanting to deliver Physical Skills Training. The course enables trainers to deliver Breakaway and Physical Intervention training. It is also suitable for those engaged in the provision of training to others in the physical management of challenging and violent behaviours in any other sector.



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Phone: 01524 220 221

## Who Should Attend

This qualification is suitable for all those engaged in the provision of providing training to others in the physical management of challenging and violent behaviours, for the Security Industry training as well as in any other sector.

#### Aims

To equip trainers with the knowledge and skills required for delivering of Physical Skills training.

# **Objectives**

By the end of this course delegates should be able to:

- Describe how Occupational Health & Safety legislation relates to physical skills tuition
- Define physical skills and physical intervention
- Explain how physical skills are taught as part of an overall strategy for preventing and managing challenging and violent behaviour
- Describe the ICM-NMS for 'Physical Skills Tuition
- Describe how the Law and other relevant pieces of legislation relate to the use of force
- Explain how physical skills should be risk assessed
- Create a safe training environment
- Coach and develop skill competency within individuals and groups
- Assess skill competency/ability of individuals and groups
- Explain the importance of appropriate monitoring strategies

### **Course Duration**

The course is 4-5 days in duration (60 GLH + exam).

## Assessment Method & Certification

The assessment will be by observation of the practical elements throughout the course and the completion of a multiple choice question examination at the end of the course. On successful completion of the course, delegates will receive a certificate of competence, through our ICM (Institute of Conflict Management) registered Quality Awards Centre.

It is a pre-requisite that delegates attending this course already hold a teaching qualification of at least Level 3 EAT (Education and Training) or PTLLS and a Level 3 Delivering Conflict Management Training Qualification.

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